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### **New Edition of Popular Guide to New Jersey's Scenic Green Spaces Released**

BOSTON, Mass. — New Jersey is enjoying a Green Renaissance, with an explosion in the preservation of public lands and the creation of more than 1,000 miles of hiking trails. In this new edition of the Appalachian Mountain Club's popular *Nature Walks in New Jersey*, author Glenn Scherer leads nature lovers of all ages on 40 walks through the state's most beautiful natural areas, many on trails that have never before been featured in a hiking guide. From the Appalachian Trail and the Highlands to the Coastal Plains and the Jersey shore, the state's diverse array of landscapes will fascinate walkers, intrigue birders, and provide hours of enjoyment for families with children just learning about the wonders of nature.

More than just a step-by-step guide to walks and hikes, *Nature Walks in New Jersey* profiles the many faces of natural New Jersey. On each trip, you'll get a glimpse into the state's unique natural history, such as the Great Eastern Forest, Atlantic cedar swamps, beaver colonies, and barrier island ecology.

You'll also find ties to the state's cultural history by exploring a nineteenth-century canal, iron mine, or farming community — and learn of their intimate connection to the land. A few walks even highlight annual natural events, such as cherry blossom time in Branch Brook Park, the raptor migration over Kittatinny Ridge, and the songbird migration at Cape May. Colorful, in-depth narratives for each walk — highlighting geology, flora, fauna, and ecology — make it fun to read even off the trail.

With an average hike length of four miles — but with many shorter walks and longer hikes to choose from — *Nature Walks in New Jersey* is an essential guide for beginning hikers, seasoned walkers, and everyone in between who wishes to connect with the natural world that surrounds us.

Founded in 1876, the Appalachian Mountain Club is the oldest conservation and recreation organization in the United States. The nonprofit AMC promotes the protection, enjoyment, and wise use of the mountains, rivers, and trails of the Appalachian region. The AMC supports natural resource conservation while encouraging responsible recreation, based on the philosophy that successful, long-term conservation depends upon first-hand enjoyment of the natural environment.

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