



Saturday, January 28, 2017
 Four Points by Sheraton, Norwood, MA

Workshops & Presentations

Create your personal Summit schedule from this roster of activities.
 See detailed descriptions below.

Morning Session

AHA Heartsaver® CPR/AED Certification (adult, pediatric)	8:45 - 10:55 a.m.
Trouble in the Presidentials: What a Mountaineering Accident Teaches About Decision-Making & Managing Risk	9:30 - 10:55 a.m.
New Tricks: Adding GPS & Apps to Map & Compass	9:30 - 10:55 a.m.
Backcountry Photography Essentials	10:00 - 10:55 a.m.

Meetings during this session:

Adventure Travel Committee	8:30 a.m - noon
Chapters Committee	8:00 a.m - noon
Trails Committee	8:00 a.m - noon
Conservation Committee	9:00 a.m - 11 a.m.
Volunteer-led Camps and Cabins Committee	9:00 a.m - noon
Development (for committee members only)	10:30 a.m. - noon

Morning Session 2

FULL “Oh No! What Do We Do Now?!” Risk Management in the Real World	11:00 - 11:55 a.m.
How to Craft Emails: Engagement Tips and Best Practices	11:00 - 11:55 a.m.
The Clubhouse: A Joy St. History & Slideshow	11:00 - 11:55 a.m.
JUST ADDED Primitive Navigation: The Lost Art of Finding Our Way	11:00 - 11:55 a.m.

(Meetings continuing during this session: Adventure Travel; Chapters; Trails; Volunteer-led Camps and Cabins; Development)

Afternoon Session 1

Secrets to Successful Kid-Friendly Adventures	1:45 - 2:40 p.m.
AMC in DC: Our Conservation Mission at Work in the Halls of Congress	1:45 - 2:40 p.m.
Camp Days: AMC at Fire Island, Acadia, Cold River and More	1:45 - 2:40 p.m.

Mountain Shenanigans, 1930s-style: The Wild Adventures of Thelma Hall & Friends	1:45 - 2:40 p.m.
Griphoist and Highline: Rocks, Ropes, Pulleys and More (Outside)	1:45 - 2:40 p.m.
FULL Trails, Ecology and Forestry: AMC's Approach to Managing 70,000 Acres in Maine (Outside)	1:45 - 3:40 p.m.
(Meetings during this session: Membership Chairs; OLDC)	

Afternoon Session 2

FULL Yoga for Hikers and Outdoor Enthusiasts	2:45 - 3:40 p.m.
New Trails, New Lodge, New Land: Updates From the Maine Woods	2:45 - 3:40 p.m.
Technology for Volunteers – A 2017 Update	2:45 - 3:40 p.m.
So Much So Near: Explore Southern NY Treasures From Harriman Outdoor Center	2:45 - 3:40 p.m.
All About Axes	2:45 - 3:40 p.m.
FULL (Trails, Ecology and Forestry, cont.)	
(Meetings during this session: Membership Chairs; OLDC)	

Afternoon Session 3

Traveling Through Adventure: A World Tour	3:45 - 4:40 p.m.
The Appalachian Trail Myron Avery Saw	3:45 - 4:40 p.m.
Welcome Outdoors: Inviting Newcomers to AMC	3:45 - 4:40 p.m.
Get Out on the Mighty Connecticut River: Paddle, Camp, Explore	3:45 - 4:40 p.m.
Center for Outdoor Learning and Leadership: Online in 2017	3:45 - 4:40 p.m.
Fill Your Events: How to Write a Great Activity Listing	3:45 - 4:40 p.m.
Show & Tell: What's in a Leader's Pack?	3:45 - 4:40 p.m.

Workshop & Presentation Descriptions

AHA Heartsaver® CPR/AED Certification (adult & pediatric)

This class will cover adult, child and infant CPR, as well as adult and child AED. Participants will receive Heartsaver® CPR/AED Certification from AHA-authorized Northeast CPR. Certification is valid for two years.

Trouble in the Presidentials: What a Mountaineering Accident Teaches About Decision-Making & Managing Risk

NH's Mt. Washington and the surrounding Presidential Range are known for both "the world's worst weather" and their challenging alpine terrain. Together, these factors have led to hundreds of mountaineering accidents over the years. This session provides an in-depth analysis of a 2015 tragedy on the range, and extends the lessons learned above tree line to outdoor activities, leadership, and your personal and professional lives.

New Tricks: Adding GPS & Apps to Map & Compass

Trying to figure out the best ways to integrate GPS tools and new mapping apps into your map & compass practices? With new technology updating constantly, and even the most traditional hikers carrying cellphones on the trail, it's more practical than ever to take advantage of the

latest navigational tools. Join Philip Werner, the editor and founder of sectionhiker.com and a Boston Chapter hiking/backpacking leader, for this fun hands-on workshop to get familiar with your options and how to use them.

Backcountry Photography Essentials

You've heard of the hiker's 10 essentials, but do you know about the photographer's? Ryan Smith, photographer and managing editor of AMC Outdoors, will share his secrets for success—what he packs and why—on his backcountry photo shoots. Bring your own must-have item to share with the group.

FULL ~~"Oh no! What do we do NOW?!"~~ Risk Management in the Real World

Even the best leaders are only human. At this workshop we'll share times when, as leaders, we realized a mistake occurred, a critical item was forgotten, or a situation arose which made us say, at least momentarily, "Oh no! This isn't good."

This workshop focuses on two critical elements of leadership and risk management: 1) acknowledging that mistakes happen; and 2) understanding that how we deal with those mistakes is what matters most. Whether you're a new or experienced leader, or considering becoming one, this workshop will help prepare you for that next, inevitable "uh oh" moment in the field.

How to Craft Emails: Engagement Tips and Best Practices

You want people to come to events. You want to share information. You want to spur action on conservation. ... But first you have to get them to read your email! There's a lot of clutter out there. Learn ways to cut through it with these tips from AMC's marketing director, Roger Foisy. This interactive workshop will include critiquing samples and doing a live email build. Come with newsletter topics for the build, or feel free to come with your own email samples—things you've written or received, and like or dislike—for group discussion and live critique.

The Clubhouse: A Joy St. History & Slideshow

AMC first moved to Joy St. in 1923. Join archivist Becky Fullerton on a journey across the decades, exploring the history of the AMC and its famous Beacon Hill headquarters through fact, legend and photos.

JUST ADDED Primitive Navigation: The Lost Art of Finding Our Way

Lost without your GPS, map or compass, could you read the land or sea around you enough to find your way? For centuries, humankind depended on spatial cognition and knowledge of the natural world to navigate. Harvard physicist John Huth, author of *The Lost Art of Finding Our Way*, leads this workshop on reading the land and sea, cognitive mapping, and how we place ourselves in the physical world. Learn to observe nature's many markers—from trees, ridgelines and glacial impacts to watersheds and waves—with a fresh eye.

Secrets to Successful Kid-Friendly Adventures

Kids don't necessarily experience the outdoors the same way adults do. Their bodies, attention spans and interests often diverge from ours. Join leaders from AMC's A Mountain Classroom to learn about ways you can engage children for outdoor adventure, whether as a trip leader for families, youth groups or your own family and friends. There are few things better than nurturing the love of the outdoors in the next generation!

AMC in DC: Our Conservation Mission at Work in the Halls of Congress

From the president on down the ballot, the 2016 election will bring new faces, passions and policies to Washington, DC's halls, offices and hearing rooms. This calls for a fresh look at the priorities and approaches needed to ensure our decision-makers act in support of AMC's conservation and recreation mission. Join Mid-Atlantic Policy Manager Mark Zakutansky to learn how your voice, with AMC, can be heard, so that the agenda of the 115th U.S. Congress prioritizes issues for the outdoors, such as climate change, land and water protection, and public lands management.

Camp Days: AMC at Fire Island, Acadia, Cold River and More

AMC's volunteer-led camps and cabins—a.k.a. fantastic gems and best-kept secrets—are set in some of the most lovely, sought-after places in the Northeast. Come learn about idyllic retreats in Acadia, Evans Notch and Knubble Bay, ME; on Fire Island, NY; by Lake Winnepesaukee and on the slopes of Cardigan, NH; and more. Or maybe you'd like to head west, with AMC's traveling August Camp? Discover the possibilities from the volunteers who manage these special lodgings.

Mountain Shenanigans, 1930s-style: The Wild Adventures of Thelma Hall & Friends

Explore one of the AMC Archives' coolest collections with archivist Becky Fullerton. Thelma Bonney Hall Towle kept scrapbooks of her adventures with AMC members and other friends hiking, rock climbing and skiing in New England and the West in the 1930s and 1940s. Her hilarious stories will amaze and delight, as her pictures let you accompany her on capers such as "The Great Ascutney Affair," the lace pants incident, and road trips over hill and dale in a 1928 Chevrolet affectionately named "Minnie the Moocher."

Griphest and Highline: Rocks, Ropes, Pulleys and More (Outside)

AMC Trails staff will demonstrate the use of a variety of tools and techniques, with a focus on griphest and highline. Get out of the hotel, go for a walk on a nearby trail and see these tools in action! There will be plenty of time for folks to ask questions. Come prepared to be outside in winter weather. (The session will be held indoors if weather becomes inclement.)

FULL Trails, Ecology and Forestry: AMC's Approach to Managing 70,000 Acres in Maine (Outside)

Gain an understanding of the intersection of forest, trail and ecological management from Steve Tatko, land manager with AMC's Maine Wood's Initiative. Steve will lead this session outdoors, on a walk through the woods at nearby Blue Hills Reservation. Come prepared to be outside in winter weather.

FULL ~~Yoga for Hikers and Outdoor Enthusiasts~~

Exertion and repetition affect hikers and outdoor enthusiasts of all types. Learn ways that yoga can help you strengthen, balance and enhance the flexibility of the body you depend on for your outdoor adventures. Bring something comfortable to wear, and a yoga mat if you have one.

New Trails, New Lodge, New Land: Updates from the Maine Woods Initiative

From helping secure new conservation lands to building new trails and rebuilding Medawisla, the Maine Woods team has had a big year. Find out about AMC Maine's outstanding recreational and volunteer opportunities, MWI's 2016 accomplishments and its 2017 goals at this dynamic presentation, which will include photos, maps and videos.

Technology for Volunteers – A 2017 Update

For volunteers who want to know more about AMC's technology investments in the works for 2017, how they will benefit volunteers, and how to get ready. Led by AMC's digital and IT staff.

So Much So Near: Explore Southern New York Treasures from Harriman Outdoor Center on Breakneck Pond

This summer AMC opened the Harriman Outdoor Center in Harriman State Park, where it helped build the first section of the Appalachian Trail back in 1923.

Whether you want to hike, bike, paddle, swim or simply relax with friends, Harriman has something for you. It boasts 225 miles of hiking trails and 31 lakes, only 42 miles from midtown Manhattan. At this workshop, learn about the area's gems and setting up your base at the Center's waterfront cabins, camping platforms or shelters, then get your trip planning started!

All About Axes

Learn about the history of the ax, the variety of axes, and how to identify a quality ax. Also, get an overview on hanging, sharpening and safe chopping techniques.

Traveling Through Adventure: A World Tour

Have you ever wanted to travel to far off locales and discover hidden natural wonders all over the world? AMC's Adventure Travel crisscrosses the globe on amazing adventures! Come listen to stories, see pictures from recent trips, and discover how you can participate as either a trip leader or as a part of a travel group!

The Appalachian Trail Myron Avery Saw

Myron Avery, who played realist to Benton MacKaye's idealist, deeply loved the trail he fought tirelessly to build, and knew it intimately. During research for his book on the Avery-MacKaye partnership (to be published by AMC) author Jeff Ryan discovered Avery's script for a slideshow he gave to promote the AT in the early years. Ryan will recreate the slideshow using Avery's words and, because the original photos have been lost, Ryan's own AT photography. It promises to be a fascinating tour.

Ryan, who section-hiked the AT, wrote "Appalachian Odyssey: A 28-Year Hike On America's Trail."

Welcome Outdoors: Inviting Newcomers to AMC

AMC's Vision 2020 calls on all parts of the club to welcome new people to our fun and important work. As the first in-person contacts, volunteers have unique and far-reaching potential to welcome people who may know little about AMC or even the outdoors. How can we do this? What tools do volunteers need? Come share your experiences and ideas to help us identify things we can do together to broaden our constituency and get more people outdoors.

Get Out on the Mighty Connecticut River: Paddle, Camp, Explore

Learn about AMC's Connecticut River water trails and riverside tent-sites, and start planning unforgettable whitewater, flat water and sea kayaking trips! AMC's Kristen Sykes, Julia Khorana, chair of the Interchapter Paddlers Committee, and other paddling trip leaders will talk about the club's work on the river, and how you can discover New England from a river view.

Center for Outdoor Learning and Leadership, Online in 2017

Learn the latest on the 2017 launch of AMC's Center for Outdoor Learning and Leadership (COLL). COLL is designed to make it easier for people to get outside, further their connection to the outdoors, learn new skills, and build their connection to AMC. This session will focus on the hard-skills learning tracks that are especially relevant to our volunteers.

Fill Your Events: Tips & Tricks for Writing a Great Activity Listing

As an important point of contact for non-, new and current AMC members, event descriptions on outdoors.org play an important role in how many people we are able to get outdoors and involved with AMC. An appealing, clear, accessible listing is much more likely to attract interest and increase participation in your activity. Learn best practices for creating your listing content, as well as for cross-listing in other venues, such as affiliated Meetup sites. Together we can make our activity listings as inviting as possible!

Show & Tell: What's in a Leader's Pack?

Trip leaders in the backcountry must be ready for weather changes, first-aid situations, navigational challenges and group management. In this workshop, with volunteer leaders including Mountain Leadership School instructor Michael Blair, we'll sneak a peek into leaders' packs to find their "tested and true" gear. Learn which items make every trip, which change with the seasons, and what additional items you might consider based on your participant profiles. What's your must-have gear? Bring an example along to share.