



AMC Outdoor Explorations

Cardigan Lodge and Reservation

Summer 2010 Program Sampler



Reservation Ramble

Spend one-two hours with a Naturalist Guide looking for animal sign, wildflowers and other natural wonders. These are fairly easy walks to local points of interest. Wear sturdy shoes and bring water.



Highpoints Hike

Join a Naturalist Guide for an approx. 4-5 hour hike to some of the more distant points in the Cardigan Reservation! Dress for the weather, wear appropriate footwear, and bring a daypack with an extra layers, water, and snacks/ or lunch.



Backcountry Clinics

Spend a few minutes with our staff on a variety of informative and fun topics. From map reading to Leave No Trace. Gain some new tips and tricks for traveling and being comfortable in the woods.



Evening Programs

Join a Naturalist Guide on a night sounds walk after dinner; grab a cup of tea and a spot on the couch for a History of Cardigan talk with a Volunteer Naturalist, or join us for a movie in the library. A variety of topics may be offered by AMC staff and volunteers.



Pond Study

What have you been swimming with? We will take a close look at some of the inhabitants of the Cardigan Pond. Frogs, newts and maybe a water scorpion. This program delights the young and older!



Off-Site Adventures

Float down NH's central river by kayak & canoe. Squam Science Center's ecology boat tour of Squam Lake's loons and eagles is topped only by their interactive exhibits and live animal trail. Try beginner's rock-climbing at the famous Rumney Rocks.

AMC Naturalist Guides and Volunteers will be offering a variety of programs at Cardigan Lodge and Reservation this summer. Topics and times will vary depending on the day. Call AMC's Cardigan Lodge for more information: 603-744-8011.

AMC Outdoor Explorations are sponsored in part by LL Bean and the William T. Morris Foundation and are open to guests and the general public. The Appalachian Mountain Club is an equal opportunity service provider.