Teambuilding

Objectives

- Students cultivate awareness for environment, themselves and the group
- Students practice communicating effectively as part of a team
- Students learn to acknowledge and appreciate individual skills of group members
- Students work together to overcome challenges
- Students recognize personal biases to overcome stereotypes

Key Concepts

- Characteristics and roles in a functional team
- Getting to know friends & classmates in a different way
- Identifying and appreciating individual skills
- Setting & achieving group goals
- Facing & overcoming challenges
- Recognizing & overcoming stereotypes
Teambuilding (cont.)

Activities may include

- Name Games
- Icebreakers or Get to Know You games
- Trust Activities
- Quick Initiatives
- Harder/Longer Initiatives
- Silly/Fun Games
- Big Group Games