All Leadership Development programs taught at AMCR will incorporate our 5-point framework. There is a possibility to emphasize different points and topics based on the school’s need and requests, but this framework will guide all program lesson plans.

**Objectives**

- Students learn about and practice five elements of leadership:
  - Self Reflection
  - Communication
  - Empathy
  - Problem Solving
  - Determination
- Students identify leadership styles and reflect on their individual leadership style
- Students understand dimensional quality of leadership as defined by the National Outdoor Leadership School (NOLS):
  - Being authentic
  - Respecting
  - Conceptualizing
  - Directing
- Students practice responsibilities of outdoor leadership for successful group backcountry travel
- Students understand applications and relevance to their lives at home.

**Key Concepts**

- Leadership Skills
- Leadership Styles
- Leadership Dimensions
- Leadership in the Outdoors
Leadership Development (cont.)

Activities may include

- Readings
- Group initiatives highlighting leadership skills
- Leadership Style Matrix
- Leadership Role Simulation
- Group Appreciation Activities
- Individualized reflection
- Debriefing